

# Beach:

MODERN LUXURY

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66





"I get my produce from **Bhumi Farms**. Cooking at home is the healthiest because you know what you're eating. I try [to] avoid restaurants in the Hamptons because I eat out so much in New York City." 131 Pantigo Road, East Hampton, bhumifarms.com



"For me, wellness comes from being outdoors. I love to start my mornings out East walking my dog on the beach, taking a quick dip and then going paddleboarding. I also love doing yoga and Pilates on the lawn."

## HOUSE STYLE

"Summers in the Hamptons for me means getting in touch with nature, which in turn drives my creativity," says New York and East Hampton-based interior designer Sasha Bikoff (sashabikoff.com). Here, the stylesetter shares her East End musts.

by PHEBE WAHL



"**TIINA the STORE** is right in Amagansett town, and it has great quality clothes from special designers around the world that are hard to find." 216 NY-27, Amagansett, tinathestore.com



"You can always find me at **The Surf Lodge** with my friends at 6PM on Saturdays. We dance, drink and watch the sunset. It's so much fun." 183 Edgemere St., Montauk, thesurf lodge.com



"I recharge with surfing or paddleboarding—anything that allows me to immerse in water and have crashing waves hitting my face and salty water on my skin." *Blue China Print wetsuit, \$260, Cynthia Rowley, 696 Montauk Highway, Montauk, cynthiarowley.com*